

Safe Harbor Counseling Center, Inc.

Professional counseling from a Christian perspective.

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Dear Brothers and Sisters in Christ,

Safe Harbor Christian Counseling Center is growing! It began about seven years ago with one counselor and a donated room in a dental office. As a registered non-profit corporation 501(c)3, Safe Harbor has opened two different locations and contracts with eighteen counselors. God placed a desire in Dr. Ruth Goodwin's heart to offer professional counseling from a Christian perspective, and to make this counseling available to everyone by attempting to reduce the financial expenses for an individual seeking counsel. She especially had a desire to help restore those in the community of the church.

Currently, Safe Harbor is proud to be the home of two fully licensed professional counselors, one licensed psychologist, and ten master level interns working under Dr. Goodwin's supervision. The skill of our counselors enables Safe Harbor to provide a wide range of services for over 500 clients each month, and to facilitate a variety of group sessions throughout the week. Several churches in the area are sponsoring Safe Harbor by sending clients, giving support, and offering prayers. Safe Harbor has also worked in different capacities with local organizations.

If you haven't met Dr. Ruth, you need to! She has the following accreditations: a master degree in Religious Education, a master degree in Marriage and Family Counseling, a Ph.D. in Psychology. She is a Licensed Professional Counselor Supervisor and Continuing Education Provider. Her degrees are from the Southwestern Baptist Theological Seminary in Fort Worth. Because of her close relationship with the Seminary, she is involved in the oversight of some of the master's level graduates seeking LPC certification. This has really been a blessing as Safe Harbor is now able to help serve more people than ever.

We serve clients on a sliding fee scale, and offer different financial options to local churches and pastors for their congregations (*Helping Ministries*). We would appreciate your support by sending clients, giving financial support and offering prayers. Your gifts can help many people have access to resources that can help them put their lives back together again.

Sincerely yours,

Safe Harbor Counseling Center Staff